

Jump Rope

Hop, skip and jump with a rhyme

Girls in the schoolyard chanted rhymes while they skipped rope. Some rhymes foretold the future, depending on where you tripped. A sing-song pattern helps to keep the jumping regular.

Striving towards the best in me
When will I find my destiny?

January, February, March, April, May, June, July, August, etc.

Three Things

Tell a story that incorporates three things

Ask a friend to give you a list of three unrelated items. Then weave a short story that uses all three things. If a friend isn't handy, poke your finger into a dictionary or book to get your things.

Whipped cream, turtles, HTML
China marker, jasmine, pretzels
Envy, envelope, hand cream

Fix Something

creativity card #8

Manual labor with tools

Find something that needs physical attention—a squeaky door, a bicycle chain, an old lamp, a broken necklace—and repair it. Focus on the feel of the tools in your hands and the logic of the steps you take to make the fix.

Pants!

Quotes take on new life

Take famous quotations, and replace the key word with “pants” to put a new spin on the familiar clichés.

Pants first; morals later.

Pants are the last refuge of the unimaginative.

Men seldom make passes at girls who wear pants.

Thanks to peterb for the inspiration

Have a Bath

creativity card #10

Relax and indulge with a hot soak

Draw a hot bath; scent your bathwater with perfumed oils or bath salts. While immersed, allow your mind to clear and your fingers to prune. When you emerge, clean and relaxed, you may discover new focus and ideas.